## 2018-2019 TTC Catalog

## **SFT 202 Internship for the Personal Trainer**

Lec: 0 Lab: 9.0 Credit: 3.0

This course provides an opportunity for the student to serve in a leadership role in a worksite wellness program, hospital-based wellness center, cardiac rehabilitation center or qualified agency providing fitness programs. Valid learning objectives are established by the instructor and student to apply classroom theory to practical job experiences.

## **Prerequisite**

SFT 125

CPR and First Aid

**Course Offered** 

Spring

**Grade Type** 

Letter Grade

Division

**Health Sciences**